

CORE VALUES

For Life Evaluation and Decision Making



	Ranked Values	Score 1-10				Significance	Adjusted Scores
		Date	Date	Choice #1	Choice #2		
1						100%	
2						95%	
3						90%	
4						85%	
5						80%	
6						75%	
7						70%	
8						65%	
9						60%	
10						55%	
	TOTAL						

For life evaluation: Using the date columns, rate each value on a scale of 1-10 based upon the degree that your life is aligned with that value today. Your answer can be based on how your environment honors the value, how the people around you honor that value, and/or your own ability to honor that value regardless of surroundings. Total the score. 70 and higher is good.

For decision making: Using the choice columns, name your two options. For example, Choice #1 Home-School, Choice #2 Public School or Choice #1 New Job, Choice #2 Current Job. Then rate each value on a scale of 1-10 according to the degree you believe it will be honored by that decision. Total all 10 scores and compare the totals for each choice. The higher score aligns more closely with your values.

Significance: Since your values are ranked, they each have a priority in your life. You can multiply the individual date or choose scores by it's significance percentage to get a more fine-tuned score.

