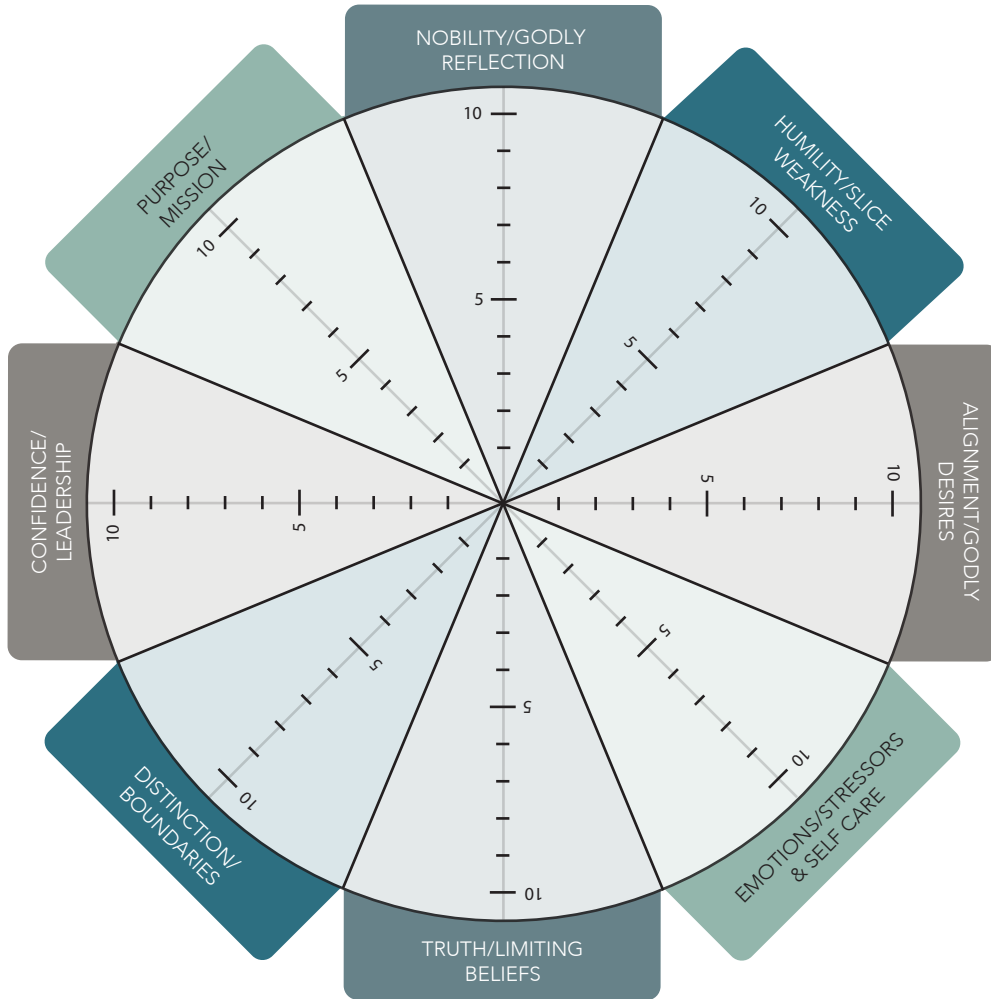




# AUTHENTIC LIFE WHEEL

Instruction: Score each area of Authenticity (1 is low, 10 is high) based on your sense of alignment today.



1. Highest scoring areas: \_\_\_\_\_

2. What led you to give high scores in these categories? \_\_\_\_\_

3. Lowest scoring areas: \_\_\_\_\_

4. What would a "10" look like in these areas? \_\_\_\_\_

5. Which areas are you most motivated to work on? \_\_\_\_\_

6. In what area could we make the biggest difference with the least amount of effort? \_\_\_\_\_