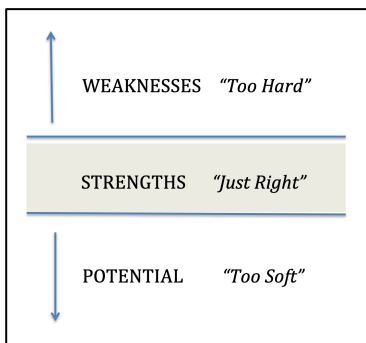




# Your Mom Weaknesses

## MODULE 2: WHAT'S YOUR PERSONAL KRYPTONITE?



IMPROVER	CONNECTER	DOER	STABILIZER
Hard to Please	People-pleasing	Impatient	Enabling
Overthinking	Overtalking	Bossy	Indecisive
Negative	Lacks Follow Through	Rude	Pushover
Unforgiving	Shallow	Self-Sufficient	Overwhelmed
Black & White	Scatterbrained	Workaholic	Indifferent

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Kryptonite	Specific Behavior?	Who Does it Hurt?	How Does it Hurt?	Strength Source?	How can I manage this?
1.					
2.					
3.					
4.					
5.					