



# PANDEMIC PROSPERITY #4: Appreciation

## THREE TOOLS TO STAY POSITIVE

WHO or WHAT HAVE YOU JUDGED?

@WORK \_\_\_\_\_

@HOME \_\_\_\_\_

### #1 UNDERSTANDING VALUES/FEAR

"BAD" PERSON	ACTION	VALUE	FEAR	How can you help?

### #2: DESHAMING WEAKNESSES

WEAKNESS	Who does it hurt?	STRENGTH	How can it help?

### #3 THREE GIFTS

"BAD" SITUATION	GIFT #1	GIFT #2	GIFT #3



# PANDEMIC PROSPERITY #4: Appreciation PERSONALITY POSITIVES

	<b>"C" IMPROVER</b>	<b>"I" CONNECTER</b>	<b>"D" DOER</b>	<b>"S" STABILIZER</b>
<b>Values</b>	Learning	Fun	Short-term Goals	Service
	Quality	Praise	Control	Collaboration
	Order	Freedom	Competition	Simplicity
	Justice	Novelty	Challenge	Peace
	Beauty	Connection	Impact	Appreciation

	<b>"C" IMPROVER</b>	<b>"I" CONNECTER</b>	<b>"D" DOER</b>	<b>"S" STABILIZER</b>
<b>Fears</b>	Criticism	Rejection	Powerlessness	Conflict

	<b>"C" IMPROVER</b>	<b>"I" CONNECTER</b>	<b>"D" DOER</b>	<b>"S" STABILIZER</b>
<b>Weaknesses (Strengths)</b>	Hard to Please (Quality-focused)	People-pleasing (People-oriented)	Impatient (Goal-focused)	Enabling (Supportive)
	Overthinking (Reflective)	Over-talker (Communicative)	Bossy (Directive)	Indecisive (Patient)
	Negative (Critical eye)	Lacks Follow Through (Initiator)	Rude (Candor)	Pushover (Tolerant)
	Unforgiving (Justice-minded)	Shallow (Optimism)	Self-Sufficient (Independent)	Overwhelmed (Singularly focused)
	Black & White (Precise)	Scatterbrained (Creative energy)	Workaholic (Responsibility)	Indifferent (Peaceful)