



Personality Weaknesses

Your weaknesses are often strengths that have gone too far. As you consider the weaknesses (in black) of your [Authentic Personality Type](#), remember the strength from which it sources (in red). Complete the coaching questions below.

IMPROVER	CONNECTER	DOER	STABILIZER
Hard to Please (Quality-focused)	People-pleasing (People-oriented)	Impatient (Goal-focused)	Enabling (Supportive)
Overthinking (Reflective)	Over-talking (Communicative)	Bossy (Directive)	Indecisive (Patient)
Negative (Refining)	Lacks follow through (Pioneering)	Rude (Candid)	Pushover (Tolerant)
Unforgiving (Justice-minded)	Shallow (Optimistic)	Self-sufficient (Independent)	Overwhelmed (Singularly focused)
Black & White (Precise)	Scatterbrained (Creative)	Workaholic (Responsible)	Indifferent (Peaceful)

What are your weaknesses?

From which strength does each weakness source?

How can you manage each weakness to bring it back to a strength?

Who are you NOT, based on your weaknesses?

Who do you need to fill in your gaps?
